

# The Sourdough

S E N T I N E L

Sept. 2, 2005

Elmendorf Air Force Base, Alaska

Vol. 56, No. 35

## *CJCS & USO visit*



== Pages 12-13

# Tennessee ANG pitches in



PHOTOS BY STAFF SGT. GILLIAN M. ALBRO, 134TH ARW

**Above: Airman 1st Class Danielle Nehs, 134th Air Refueling Wing, McGhee Tyson Air National Guard Base, Knoxville, Tenn, drills boards to form the top half of a parachute platform being built for the Army on Fort Richardson, Alaska.**

**Members of the 134th ARW were in Alaska fulfilling their annual training requirement.**

**Below: Master Sgt. Sam Holden, 134th Air Refueling Wing, McGhee Tyson Air National Guard Base, Knoxville, Tenn., digs a trench to aid in finding damaged cables for the 3rd Communications Squadron.**

**The 134th ARW is known as the “Volunteer Unit”; a unit that always steps forward for the toughest jobs.**

**The unit has a reputation for active participation and sustained excellence in numerous exercises and deployments.**



Outstanding

Performers

**Tech. Sgt. Danny Davila, 3rd Civil Engineer Squadron, led a crew of 10 in the rapid installation of three new BAK-12 Aircraft Arresting Systems to include fairlead beams on the primary runway.**  
He worked three 12 hour days and the weekend to ensure the systems were fully mission capable. His technical experience and leadership was instrumental in ensuring all arrestors were installed a week ahead of schedule.

**Airman 1st Class Brandon Grisham, 12th Fighter Squadron, exhibited great skill and professionalism providing mission support to 14 U.S. and Allied units, consisting of 418 aircrew and 1,070 ground personnel, as well as 85 aircraft that flew 762 sorties for a total of 1320.3 hours during a Red Flag exercise at Nellis AFB, Nev., Aug. 6-20.**

His primary duties were performing “Go/No-Go” procedures and updating the daily schedule using Theater Battle Management Core Systems.

As a result of his efforts, the 414th Combat Training Squadron and 12th Fighter Squadron were able to conduct a safe and highly successful training exercise.

**Airman 1st Class Kenneth Wilkins, 19th Aircraft Maintenance Unit, spearheaded the removal of both F-15C aircraft engines for a double throttle cable change in less than two hours.**

He identified and replaced four bad rudder mounts during a Basic Postflight Operations/Pre-flight on aircraft 85-0106.

He continually sets the standard for fellow Airmen to follow.

Because of his stellar maintenance practices, aircraft 85-0106 was able to make the next day’s scheduled sortie.



**Brig. Gen. Hawk Carlisle**  
3rd Wing commander

Do you have a problem you can’t seem to get solved? Would you like to recognize someone for a job well done? The commander’s action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander’s personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

**552-2224**  
**actionline@elmendorf.af.mil**

The following commanders stand ready to help you and can answer the majority of your questions. If they can’t help, then please call the Action Line.

**Key phone numbers:**

Col. Mike Hass, 3rd CES/CC  
552-3007  
Maj. Mark Allen, 3rd SVS/CC  
552-2468  
Maj. Mitch Bird, 3rd SFS/CC  
552-4304

**Q:** Hello, I started riding my bicycle to work, but noticed a potential safety problem that I wanted to address to you. After you enter the Boniface gate, the bike path is excellent following Arctic Warrior Dr. but suddenly stops near the turn in Arctic Warrior where the runway starts. In the mornings when riding my bike to work, which is near the People Center, I have to ride along a

narrow rocky edge facing oncoming traffic because there is no where to cross to the other side of the road to ride with traffic. I was wondering if there are any plans to finish the bike path and connect it up to the traffic signal at Sijan Ave?

**A:** We appreciate your concern for the safety of Elmendorf’s population, and your comments are right on

track. As a matter of fact, our engineers have already identified that area as one that needs attention and have a plan in the works. Within the next couple weeks you should see a connection built between the Sijan intersection and the end of the trailhead to the east. Protecting our citizens is of the utmost priority. For that reason we’ve pushed this particular job up in our paving priorities.



**The Sourdough**  
SENTINEL

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**Best in DoD 2000**  
**Best in Air Force**  
**1999, 2000 & 2001**  
**Best in PACAF**  
**1998, 1999, 2000 & 2001**

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**Master Sgt. Tommie Baker**  
Superintendent/Editor  
**Airman 1st Class De-Juan Haley**  
Photographer

## 3rd Wing Moment in History

**4 September 1922:**

Lt. Jimmy Doolittle flew a 90th Squadron DeHavilland DH-4 from Pablo Beach, Fla. to San Diego, Calif. in 22 hours and 31 minutes, with one brief refueling stop at Kelly Field, Texas. He became the first pilot to fly across the country in one day.



# Anderson Circle dedicated

## Local Arctic Warrior has street named in his honor

By Master Sgt. Tommie Baker  
3rd Wing Public Affairs

Nestled in the woods of Elmen-dorf's new housing area, Moose Crossing, a gathering was held to mark the naming of a street, Anderson Circle.

Houses go up, streets are built, and normally this routine would be just that – routine.

The event held Monday, was more than that though. It was in honor of one of our own, an Airman we lost to the war on terrorism.

An Airman that gave all he had to a nation he loved.

The 3rd Wing hadn't lost an Airman to war since Dec. 17, 1969, when Lt. Col. William Spillers was shot down over the skies of Vietnam.

Nearly 35 years later, on Aug. 29, 2004, at 8:45 p.m. in Mosul, Iraq, the wing lost 21 year old Airman 1st Class Carl Anderson Jr., a vehicle operations technician with the 3rd Logistics Readiness Squadron.

Airman Anderson and two other 3rd Wing members, Staff Sgt. Michael Helmick and Airman 1st Class Jacob Sutton, were in a vehicle leading a convoy near Mosul when their vehicle was struck by a Improvised Explosive Device, killing him and injuring his two passengers.

Preceded by the posting of the Colors and the National Anthem, the

more than 200 people who assembled to pay homage to our fallen comrade, listened as a biography of Airman Anderson was read.

Along with the 200 plus in attendance, Airman Anderson's family, his father, mother and two sisters traveled from Georgetown, S.C., to join in the ceremony.

"Today in this dedication ceremony, we celebrate Carl's life and embrace the knowledge that he will live on forever in all of us and that we can honor him and his sacrifice by the way we live our lives from this day forward," said Brig. Gen. Hawk Carlisle, 3rd Wing commander.

Immediately following the general's remarks, he, the Anderson family, Tech. Sgt. Michael Helmick, and Senior Airman Jacob Sutton, unveiled the street signs commemorating Airman Anderson.

Reverend Carl Anderson Sr., his father, thanked his son's friends and co-workers for the all they did for his son, and for the support his family was given following Airman Anderson's death.

In closing, Reverend Anderson recited a prayer he said he and his son used for guidance, "Keep me focused Lord, on the things that make Your way clear and Your paths straight. May my whole life be directed for Your purpose, in Jesus' name, Amen."



PHOTOS BY TECH. SGT. KEITH BROWN

Above: The street sign for Anderson Circle is unveiled Monday as family members, co-workers and the wing commander watch.

Below: Reverend Carl Anderson Sr., Airman 1st Class Carl Anderson Jr.'s father, speaks with Senior Airman Jacob Sutton and Tech. Sgt. Michael Helmick, two 3rd Wing members who were in a vehicle leading a convoy near Mosul, Iraq, with Airman Anderson, when their vehicle was struck by an Improvised Explosive Device, killing Airman Anderson.

Left: More than 200 people from throughout the base gathered to dedicate Anderson Circle. Here, servicemembers salute as the Colors are presented at the beginning of the dedication ceremony.



*"I always must in trouble's hour  
Be guided by the men in power;  
For God and country I must live,  
My best for God and country give;  
No act of mine that men may scan  
Must shame the name American.*

*To do my best and play my part,  
American in mind and heart;  
To serve the flag and bravely stand  
To guard the glory of my land;  
To be American in deed:  
God grant me strength to keep this creed!"*

Edgar Guest  
A Patriotic Creed (excerpt)



# 44 senior airmen graduate ALS

The following senior airmen graduated from the Airman Leadership School Class 05-7:

*John L. Levitow Award*  
176th Services Squadron  
**Leah Scott**

*PME Center Commandant Award*  
3rd Aerospace Medicine Squadron  
**Jenny Tull**

*Academic Achievement Award*  
3rd Operations Support Squadron  
**Jorge Rivera**

*Distinguished Graduate Awards*  
3rd Comptroller Squadron  
**Douglas Stowe**  
381st Intelligence Squadron  
**Karen Schaeffer**  
3rd Operations Support Squadron  
**Jorge Rivera**

*Graduates*

176th Services Squadron  
**Michael Robertson**

3rd Aircraft Maintenance Squadron  
**Kenneth Daudt**  
**Richard Dunton**  
**Robert Gentry**  
**Anthony Mitchell Jr.**  
**Brian Smith**

3rd Civil Engineer Squadron  
**Zachary Nannestad**

3rd Communications Squadron  
**Antone Almeida**  
**Bradley Skelton**

3rd Component Maintenance Squadron  
**Adam Deavitt**  
**Richard Growney**

3rd Equipment Maintenance Squadron  
**Torrey Dudley**  
**Gabriel Ekiss**  
**Laura Harrison**  
**Erin Petrone**  
**Timothy Smith**

3rd Logistics Readiness Squadron  
**Daniel Batman**  
**William Farrington IV**  
**Jesse Rippy**

3rd Maintenance Operations Squadron  
**Derrick Barton**

3rd Medical Operations Squadron  
**LeonJa Hollie**  
**Carrie Storey**

3rd Medical Support Squadron  
**Omar Villa-Linares**

3rd Operations Support Squadron  
**Carolyn Franzen**

3rd Services Squadron  
**Carrie Parmenter**

611th Alaskan NORAD Region Flight  
**Jennifer Aker**

381st Intelligence Squadron  
**Shanee Gbelawoe**  
**Nolan Parsons**

703rd Aircraft Maintenance Squadron  
**Richard Harding**  
**Elizabeth Harris**  
**John Hutchinson**  
**Zachery Keeton**  
**Andryck Patterson**

732nd Air Mobility Squadron  
**David Dillon Jr**  
**Casey Hopper**  
**Timothy Zeisler**

90th Fighter Squadron  
**Cori Scheuneman**

962nd Airborne Air Control Squadron  
**Jessica McCoy**



U.S. AIR FORCE

# BASH season

## Fowl can potentially foil Elmendorf’s flights

By Master Sgt. Tommie Baker  
3rd Wing Public Affairs

It’s that time of year again. The children are going back to school, the leaves are beginning to fall from the trees and the hours of sunlight are quickly beginning to wane.

This time of year also brings with it the semi-annual flight of thousands of birds.

These mass migrations pose a threat to aviators and aircraft operations here.

Mid-August began the start of the wing’s Bird Aircraft Strike Hazard awareness and preparation for the nine-week-long bird migrations period.

Some of the birds began leaving in July.

However, waterfowl and raptors, the largest and highest risk of the birds, fly south from mid-August through mid-October.

As Arctic Warriors, we must remember that preventing Elmendorf from becoming their lodging area is critical to mission safety.

On Sept. 22, 1995, 24 lives were lost when an E-3B Sentry, Yukla 27, assigned to the 962nd Airborne Air Control Squadron, crashed on takeoff after striking a flock of Canada geese.

There is a memorial site in their honor located in front of the 3rd Wing Headquarters near the Eagle Cage.

Also, this year marks the tenth anniversary of that fateful day.

There will be a memorial service at the Yukla 27 memorial beginning at 7:30 a.m., Sept 22.

To aid in preventing a recurrence of such a disaster, the BASH program is being kicked into high gear.

Elmendorf employs several measures to reduce the potential for a bird and aircraft to share the same piece of sky at the same time.

It’s called the integrated bird defense system.

There are several key pieces that make up the system.

On the high end of the technology spectrum is the Bird Radar. Although still in the test phase, this system

shows a lot of promise according to local users.

On the low end of the spectrum is a highly abundant and extremely effective resource – you.

If you work, live or pass through Elmendorf, you can help reduce the risk to aircrews.

You can help reduce the attractiveness of the base to transiting birds by keeping your work areas and backyards free of potential food sources and debris.

Particularly, you can close the lids on dumpsters and ensure garbage cans are covered.

Another means of helping to ensure the safety of aircrews is to call 552-BIRD if you spot a bird near the flight line. If you are away from the flight line and spot a large bird, like a goose or raptor, you should also call.

When you call, tell them where you saw the birds, how many you saw and what type, if possible.

The calls go directly to the U.S. Department of Agriculture professional on duty.

The USDA contractors employ a variety of methods to harass or chase offending birds off the airfield and away from the aircraft.

Something as simple as a phone call can mean saving thousands of dollars, and more importantly, lives.



# Arctic Warriors of Week



PHOTOS BY TECH SGT. SHARON BALTAZAR

**Jessica Rigby**

**Duty title:** 3rd Contracting Squadron, contract specialist  
**Hometown:** Kodiak, Alaska  
**Hobbies:** Cross country skiing, skijoring with my dogs, biking, hiking, camping, gardening  
**Mission Contributions:** Identifies government objectives, conducts negotiations to achieve agency goals, and award contracts for procurement of a wide range of construction services  
**Time at Elmendorf:** Two years  
**Time in the Air Force:** Two years  
**Best part of being in Alaska:** The geography and regional diversity within the state. My explorations of Alaska and its people never cease to amaze me – it’s a special place  
**Supervisor’s comments:** “Jessica is a hard working person with the ability to get even the most challenging job done right.” Lucy Teitzel



**Airman 1st Class Greg Modd**

**Duty title:** 3rd Mission Support Squadron, commander support staff journeyman  
**Hometown:** Muskegon, Mich.  
**Hobbies:** Following Michigan sports teams, professional and college, playing sports, and most importantly, going out and living it up in Alaska  
**Mission Contributions:** Services Wing Staff Agencies, 3rd Mission Support Group and 3rd MSS with all personnel issues, to include Date Eligible for Return From Overseas management, reenlistment documents, Career Job Reservation and assignment notifications, leave web, review/approval of Temporary Duty orders/vouchers, and numerous programs that effect a members career  
**Time at Elmendorf:** One year, nine months  
**Time in the Air Force:** Two years, nine months  
**Supervisor’s comments:** “Greg is an outstanding worker. He tackles each task with a passion that makes people want to strive toward attaining the same results. The mission and the people are better because of what he does on a daily basis.” Tech. Sgt. Tiffany Garcia

## Spouses’ 1st Friday

Meet today at the Snow Goose Restaurant at 5 p.m. for an art gallery walk before dining at the Snow Goose at 7 p.m. For more information, call 552-9290.

## Heartlink

Join the Family Support Center Thursday from 9 a.m. to noon for an interactive seminar to introduce participants to the military lifestyle while offering specific information about customs, tradition, mission, and available resources.

For more information, call 552-8479 or 552-4224.

## Air Force Ball

The Air Force Ball is Sept. 10 at the Sheraton. Social hour starts at 6 p.m., and dinner at 7 p.m.

Military attire is Mess Dress for officers and either Mess Dress or Semi-Formal for enlisted. Civilian attire is Formal.

Child care is provided on location, free of charge.

Tickets are on sale through Sept. 5.

For information on ticket sales contact 1st Lt. David Alvarez at 552-3569 or Senior Master Sgt. Bruce Stanton at 552-0048.

## “America Cares”

Presented by the U.S. Army Community and Family Support Center, a 90-minute song and dance production at the Fort Richardson Post Theater, Sept. 10 at 7 p.m.

Bring the family and enjoy rhythm and blues, new rock, country, gospel, eclectic new wave/new age, patriotic and newly arranged movie themes.

For more information, call 384-1475.

## MDG adjusts schedule

The Medical Group’s Family Practice and Pediatrics clinics, along with the outpatient pharmacy, will no longer be open on Saturday mornings after Sept. 10.

When clinics are not open, members can call the health advice line at 550-3377 or 1-888-805-3377 to speak directly with a nurse if they have a health concern.

Also, the TRICARE on-line website at [www.tricareonline.com](http://www.tricareonline.com) has a variety of health information.

This change only affects Saturday operations in primary care clinics and the pharmacy. Normal 3rd MDG operating hours are:

8 a.m. – 4:30 p.m., Monday -- Friday, for primary care clinics

8 a.m. – 6 p.m., Monday -- Friday, for pharmacy

As a reminder, the 3rd MDG is closed for routine outpatient clinic and pharmacy services on federal holidays and scheduled military down days.

Emergency care will continue unchanged in the 3rd MDG Emergency Department.

## 9-11 Remembrance

Since the tragedy of Sept. 11, 2001, Matty Wilson has made baked goods for local fire departments.

If interested in baking or giving a donation, call Mrs. Wilson at 929-9069 or Donna Baker at 868-1193.

## Arctic Bazaar

The 20th Annual Arctic Bazaar is scheduled Oct. 15 in Hangar 5 from 9 a.m. to 5 p.m.

For vendor information, call 694-1106. For volunteer information, call 644-4728.

## Haunted house help

The annual Fall Fest Haunted House is scheduled for Oct. 28-30.

Volunteers are needed to build the house, sell tickets, act as guides and work as various monsters and ghouls.

For more information or to volunteer, call 552-8529.

## B-ball Officials Needed

The Anchorage Sports Officials Association is looking for individuals to train as certified basketball officials for the 2005-2006 season.

For more information and sign-up please contact Tony Colella at 552-8892 or 830-7043.

## Warrior Zone opens

The Warrior Zone adult center, located at Ft. Richardson in Bldg 655, the former Joint Regional Environmental Training Center is open to all military members, their spouses, and Department of Defense civilians.

For more information, call Becky Fleetwood, Warrior Zone Manager, at 384-9006.



## Chapel Schedule

### Catholic Parish

- Monday through Wednesday and Friday Mass: 11:30 a.m. at the Chapel Center
- Thursday Mass: 11:30 a.m. at the Hospital Chapel
- Sunday Mass: 10:30 a.m. at Chapel 1
- Sunday Evening Mass: 7 p.m. at Chapel 2
- Confession: 6 p.m. Sundays at Chapel 2

### Protestant Sunday

- Liturgical Service: 9 a.m. at Chapel 2
- Celebration Service: 9 a.m. at Chapel 1
- Gospel Service: noon at Chapel 1
- Fellowship Praise: 6 p.m. at Chapel 1

### Religious Education

- Catholic Religious Education: Sunday at 9 a.m. at the Chapel Center.
- Protestant Sunday School: 10:30 a.m. at the Chapel Center.

For more information, call the Chapel at 552-4422.

# Misconduct results in Article 15s and discharges

**Article 15s:**

An airman 1st class with the 3rd Equipment Maintenance Squadron wrongfully forwarded sexually explicit images from his government computer.

His punishment consisted of a reduction to the grade of airman with a suspended reduction to the grade of airman basic, suspended forfeiture of \$500 pay for two months, restriction to the limits of Elmendorf AFB for 15 days and 15 days extra duty.

An airman 1st class with the 3rd Equipment Maintenance Squadron failed to obey a lawful order by having alcohol in his dorm room. His punishment consisted of a reduction to the grade of airman with a suspended reduction to the grade of airman basic and suspended forfeiture of \$617 pay for two months.

An airman 1st class with the 3rd Aircraft Maintenance Squadron received a vacation action for consuming alcoholic beverages while under the age of 21. A vacation action imposes a suspended punishment that had been adjudged by a previous Article 15. In this case, the punishment consisted of a reduction to the grade of airman.

A senior airman with the 611th Air Intelligence Squadron failed to go to work on time, disrespected a senior noncommissioned officer and failed to wear the appropriate military uniform. Her punishment consisted of a suspended reduction to the grade of airman first class, forfeiture of \$250 pay and a reprimand.

A senior airman with the 3rd Aircraft

Maintenance Squadron failed to maintain current vehicle registration, drove with a suspended driver’s license and made a false official statement. His punishment consisted of a suspended reduction to the grade of airman first class, forfeiture of \$200 pay for two months and 10 days extra duty.

**Discharges:**

An airman from the 3rd Medical Operations Squadron was administratively discharged for drug abuse; specifically, the airman wrongfully ingested another person’s prescription medication. Air Force Instructions require that military members be processed for discharge if they abuse illegal drugs. She received an Article 15 for wrongful use of a controlled substance. Her misconduct resulted in her general discharge.

An airman from the 3rd Aircraft Maintenance Squadron was administratively discharged for multiple minor disciplinary infractions. His misconduct included one Article 15 for failure to go and violating a lawful order and one Article 15 for consuming alcohol while under the age of 21 and wrongfully communicating a threat. He also received one Letter of Reprimand during this enlistment. His misconduct resulted in his general discharge.

An airman from the 703rd Aircraft Maintenance Squadron was administratively discharged for failure in alcohol treatment. He was deemed a program failure due to his

unwillingness to refrain from drinking alcohol and failing to comply with the basic program directives, resulting in a general discharge.

An airman from the 3rd Component Maintenance Squadron was administratively discharged for multiple minor disciplinary infractions. His misconduct included an Article 15 for operating a vehicle while intoxicated. He also received two Letters of Reprimand and two Letters of Counseling during this enlistment. His misconduct resulted in his general discharge.

An airman from the 3rd Services Squadron was administratively discharged for multiple minor disciplinary infractions. Her misconduct included two Article 15’s for failing to go to her prescribed place of duty and a vacation action was taken on a suspended punishment. She also received three Letters of Reprimand and seven Letters of Counseling during this enlistment. Her misconduct resulted in her general discharge.

An airman first class from the 90th Fighter Squadron was administratively discharged for the commission of a serious offense, specifically, failure to safeguard the unit alpha roster and unauthorized distribution of unit alpha roster. For these offenses, she was tried by a Summary Court Martial. She was found guilty on all charges and sentenced to a reduction to airman basic, forfeiture of \$617 pay and 14 days confinement. Her misconduct resulted in her Under Other Than Honorable Conditions discharge.

# Carbon monoxide – invisible killer

By Ford Brooks  
3rd Civil Engineer Squadron

Pre-season football has started and it’s a sign that the cold weather is coming. Now is a great time to have your heating system checked and ensure you have carbon monoxide alarms properly installed. Each year, across the country, CO poisoning claims nearly 500 lives and sends more than 15,000 people to hospital emergency rooms for treatment.

In Anchorage, over the past few years, incidents have occurred where anywhere from one person to an entire family has died due to CO poisoning.

These are preventable deaths. The state has made CO alarms mandatory for all qualifying dwellings, dwellings that have a fuel burning appliance, attached garage or carport.

The Elmendorf Fire Prevention office asks that you follow these tips to protect yourself.

**What is Carbon monoxide?** Simply put, it is a colorless, tasteless, odorless toxic gas. Because it is impossible to see, taste or smell the fumes, CO can kill you before you are aware it is in your home. That is why it’s called the “invisible killer.”

**Where does CO come from?** It is a by-product

of incomplete combustion. CO sources can include malfunctioning appliances, including furnaces, stoves, ovens and water heaters that operate by burning fossil fuels such as natural gas or liquefied petroleum. When appliances are malfunctioning and aren’t ventilated properly, the amount of CO in the air may rise to a level that can cause illness or even death. Other CO sources include vehicle exhaust, blocked chimney flues, fuel-burning cooking appliances used for heating purposes, and charcoal grills used in the home, tent, camper, garage or other unventilated areas. Additionally, some people have blocked the combustion air vents which starve the heating appliance of needed oxygen for complete combustion of fuel.

**How does the body react to CO?** When victims inhale CO, the toxic gas enters the bloodstream and replaces the oxygen molecules found on the critical blood component, hemoglobin, depriving the heart and brain of the oxygen necessary to function.

The following symptoms are related to CO poisoning and should be discussed with all members of the household:

- Mild exposure: Often described as flu-like

symptoms, including slight headache, nausea, vomiting and fatigue.

- Medium exposure: severe throbbing headache, drowsiness, confusion and fast heart rate.

- Extreme exposure: unconsciousness, convulsions, cardio respiratory failure and death.

Protect yourself from CO poisoning!

Install at least one Underwriter’s Laboratories listed CO alarm with an audible warning signal in or near the sleeping rooms. If your CO alarm is outside the bedroom, ensure you can hear it in your bedroom with the door closed.

CO alarms measure levels of CO over time, and are designed to sound before an average, healthy adult would experience symptoms. It is very possible that you may not be experiencing any symptoms when you hear the alarm. This does not mean that CO is not present.

If the CO alarm sounds, immediately get out of the house and call 911.

A CO alarm activation is a real emergency and could be deadly. The Fire prevention office is here to help you have a fire-safe winter season.

For more information on CO alarms or on making your home fire safe, call 552-2620.

# Hometown holiday greetings team comes to base

By Master Sgt. Tommie Baker  
3rd Wing Public Affairs

Army and Air Force Hometown News Service kicks off its annual, worldwide tour here, Sept. 16.

Almost all members and their dependents who live, work or play here or at Fort Richardson are invited to participate in the Hometown Holiday Greeting event at the

Green Lake Chalet either by scheduled appointment or “walk-in” from 7 a.m. to 5 p.m.

“Our mission is to give as many servicemembers and Department of Defense civilians as we can an opportunity to send a video holiday greeting to their friends and families back home,” said Kristofer Grogan, Army and Air Force

Hometown News Pacific team chief.

“Each greeting that is recorded will be brought back to the states and edited for air on local television and radio stations around the country.

“This is a great chance for deployed members to wish their families back home a happy holi-

days,” said Mr. Grogan.

The team films people sharing their holiday cheer with family members they won’t get to be with during the holiday season.

For more information or to schedule an appointment, email Capt. Kelley Jeter at *kelley.jeter@elmendorf.af.mil* or call 552-5756 or 552-8151.

# Arctic Life

Great living in the great land

## Mock deployment helps youth share experience

By Master Sgt. Tommie Baker  
3rd Wing Public Affairs

More than a hundred children “deployed” Saturday to share in an experience many of their parents are going through.

In a simulated deployment created by the Integrated Delivery System Care Team, base children were able to get a better understanding of what it takes and means to go through a deployment line.

Although they didn’t really deploy, the children did get to learn what it’s like to prepare.

“This is the first time we’ve timed one of these ‘Operation Family Topcover’ deployments so closely to an actual wing deployment,” said Tech. Sgt. Mark Rochon, Family Support Center readiness noncommissioned officer.

With more than a dozen base agencies involved, the “deployment” was a success, he said.

“This was great,” said Carolyn Lincoln, wife of Maj. David Lincoln, 3rd Medical Group. “We didn’t make it to either of the previous ones. My husband is deploying soon and this really helps me and the kids understand a little better what he has to go through.”

This is the third “deployment” the IDS has put on but surely won’t be the last.

“Everyone has said thanks for the support,” said Chaplain (Capt.) Randall Erwin, IDS Chairman. “We’ve had great support from many of the base agencies and volunteers.

“We received \$19,000 from Pacific Air Forces to enable us to provide for deployment and reunion initiatives.

“It seems to be making a difference, having these ‘deployments’.

“If all goes as planned, we hope to have another one in November,” said Chaplain Erwin.



PHOTOS BY STAFF SGT. SUELLYN NUCKOLLS

Above: Chaplain (Capt.) Brian McCormack, 3rd Wing Chapel, stamps Elias Watson’s, passport card as he processed through the line. Elias is the son of Senior Airman Roy Watson, 3rd Component Maintenance Squadron.

Above right: Cole Walker, son of Maj. Steve Walker, 517th Airlift Squadron, enjoys a hotdog at the Family Operation Topcover.

Right: Kate Huggs, daughter of Maj. Mideal Huggs, 611th Air Intelligence Squadron, puts camouflage paint on Luke Robertson, son of Jeff Robertson, 611th Air Operations Squadron.



## Air Force Ball scheduled

The Air Force Ball is Sept. 10 at the Sheraton.

The guest speaker is Lt. Gen. Howie Chandler, 11th Air Force commander.

Social hour starts at 6 p.m., and dinner is served at 7 p.m.

Military attire is Mess Dress for officers, Mess Dress or Semi-For-

mal for enlisted.

Civilian attire is Formal.

Child care is provided on location, free of charge.

Tickets are on sale through Monday.

For information on ticket sales contact, 1st Lt. David Alvarez at 552-3569, email [david.alvarez@elmendorf.af.mil](mailto:david.alvarez@elmendorf.af.mil).

[alvarez@elmendorf.af.mil](mailto:alvarez@elmendorf.af.mil) or Senior Master Sgt. Bruce Stanton at 552-0048, email [bruce.stanton@elmendorf.af.mil](mailto:bruce.stanton@elmendorf.af.mil).

### Pricing as follows:

E1-E4* \$10	O1-O3, E9* \$30
E5-E6* \$20	O4-O5* \$40
E7-E8* \$25	O6+* \$50
*civilian equivalent	



# Gen. Myers, guests entertain troops



By Lt. Col. Michael Halbig  
3rd Wing Public Affairs

Elmendorf's Hangar 1 roared with laughter and applause Aug. 23 as the Chairman of the Joint Chiefs of Staff and the USO teamed up to provide servicemembers and their families here a night of fun and appreciation.

Gen. Richard. Myers, CJCS, along with LeeAnn Tweeden, Gale Sayers, Jeffrey Ross and Colin Quinn visited the base as the last stop on a 10-day around the world trip to thank the troops for all they do in supporting our nation.

After a rousing version of the National Anthem by Senior Airman Craig Bowman, Band of the Pacific, General Myers took the microphone and expressed his thanks for the sacrifices that everyone in uniform, as well as their families, are and have made during his tenure as the nation's highest ranking military officer. He then turned the microphone over to LeeAnn Tweeden, who acted as the mistress of ceremonies, and the USO show was off and running.

Gale Sayers, former Chicago Bear running back and current motivational speaker expressed his thanks to the troops, coming to the point of breaking down in tears at one point. After him the mood lightened up as actor and comedian Jeffrey Ross filled the room with laughter at his comedy routine, warming up the crowd for the finale by Colin Quinn.

After all the speaking was finished, and the jokes told, all the visitors joined together on stage and tossed T-shirts and footballs to the nearly 2,000 servicemembers and family members assembled there.

But the evening wasn't quite over as the entertainers spread out meeting the audience, signing autographs and having their pictures taken with everyone who wanted one.

For General Myers it was his last visit to Elmendorf. He will give up the position to Gen. Peter Pace and retire from active duty later this month.



Above left: Actor/Comedian Jeffrey Ross entertains the troops Aug. 23 as part of a special visit to Elmendorf by Chairman of the Joint Chiefs of Staff, Gen. Richard Myers.

Above right: The troops enjoy the show. Comedians Colin Quinn and Jeffrey Ross entertained with their stand-up routines, while Gale Sayers gave a motivational speech. LeeAnn Tweeden performed mistress of ceremony duties.

Right: Former NFL star turned motivational speaker Gale Sayers talks to the troops about life, performance ability and strength.

Far left: Joint Chiefs of Staff chairman Gen. Richard Myers explains the importance of striving for excellence and supporting the U.S. military.

Left: Comedian Colin Quinn signs a football for a soldier who attended the program.

On the cover: Gen. Richard Myers, chairman of the Joint Chiefs of Staff, along with mistress of ceremonies for the show LeeAnn Tweeden enjoy a laugh during the program.



# School Age Program offers options

By Mrs. Mary Rall  
3rd Services Marketing

It's almost time to head back to the classroom for the season, but the fun of summer hasn't quite come to a close for base youth.

The School Age Program Summer Camp Back to School Celebration will be held today at the Ketchikan Site in building 7163.

Events will be featured throughout the day to include an American Idol competition and a parent and child cup stacking challenge.

The day will close with an Ice Cream Sundae Party from 4-5:30 p.m.

Youth and parents can also burn off the last of that pent up summer energy at a Back to School Fun Run that will hit the streets Sept. 9 at noon at the Fitness Center.

Registration will begin at 11 a.m. at the Fitness Center.

Participants will have an opportunity to burn some shoe leather and win prizes such as t-shirts and school supplies.

A chance to get reacquainted with friends will also present itself outside of the schoolyard at a Back to School Dance Sept. 16 from 6-8 p.m. at the Youth Center.

Youth can also fill the hours after school with some constructive fun by taking advantage of the Youth Center's open recreation program.

The program is open to youth ages 9-12 from 3-6 p.m. Monday through Friday.

This is an ideal alternative for base youth who need a safe and active place to spend time after school.

Each afternoon is filled with programs such as Power Hour, science, creativity, photography, computer and cooking clubs, the Torch Club, the Book Adventure program and

other recreational activities.

A yearly membership fee is required for participation in this program.

Parents also have the opportunity to use the School Age Program's Before and After School care program.

All youth must be a member of the Youth Center's Boy's and Girl's Club prior to registration to be eligible for the SAP during the school year.

School begins Tuesday for grades 1-6 and Sept. 12 for kindergartners in the Anchorage School District.

The SAP has openings for youth ages 5-12 who are in kindergarten through sixth grade and attending Mount Spurr, Orion and Aurora elementary schools.

For more information, call the Youth Center at 552-2266, SAP at 552-5091 or the Fitness Center at 552-5353.



PHOTO BY MASTER SGT. TOMMIE BAKER

## :::inside the fence

**Open Bowling**, Today from 5 p.m. to 1 a.m. for \$2.75 per game at the Polar Bowl. 552-4108

**All Night Xtreme Bowling**, Saturday from 10 p.m. to 1 a.m. for \$18 per person at the Polar Bowl. 552-4108

**Red Pin Bowling**, Get a strike with a red headpin and receive a free game for every paid game Monday from 5-9 p.m. at the Polar Bowl. 552-4108

**Labor Day 100K**, Monday at 10 a.m. for free at the Outdoor Recreation Center. 552-2023

**Bowler Appreciation Night**, Enjoy bowling for \$1.75 per game Tuesday from 5-9 p.m. at the Polar Bowl. 552-4108

**Kayak Lake Training**, Tuesday at 5 p.m. for \$25 with the Outdoor Adventure Program. 552-2023

**Wednesday Night Madness**, Enjoy unlimited bowling Wednesday from 5-9 p.m. for \$18 per lane for up to five people at the Polar Bowl. Shoes not included. 552-4108

**Evening Hike**, Wednesday at 5 p.m. for \$10 with the Outdoor Adventure Program. 552-2023

**New Parent Orientations**, Wednesday at 9:30 a.m. at the CDCs. 552-8304

**Beginning Stained Glass**, Wednesday-Sept. 28 from 6:30-9 p.m. for \$65, studio time available for \$45 per month, limited to four people at the Arts and Crafts Center. 552-7012

**Dodgeball**, Wednesday with the Young Adult Center. 753-2371

**Beginning Log Cabin Panel Quilting**, Wednesday, Sept. 14, 21 and 28 from 6-8:30 p.m. for \$65, sewing machine needed, list of supplies available at the shop at the Arts and Crafts Center. 552-7012

**Mongolian BBQ**, Thursday at the Susitna Club. 753-3131

**Basketball**, Thursday with the Young Adult Center. 753-2371

**Airmen's Special**, E-4's and below and their families receive a 50 percent dis-

count on all open bowling and shoe rentals Thursday from 5-9 p.m. at the Polar Bowl. 552-4108

**Ceramic Kitchen Trivet**, Thursday at 6 p.m. for \$30 at the Arts and Crafts Center. 552-7012

**Fancy Block Bracelet Beading**, Thursday and Sept. 15 from 6:30-9 p.m. for \$25 and a \$9.75 kit at the Arts and Crafts Center. 552-7012

**Mountain Bike Training Ride**, Thursday at 5:30 p.m. for free at the Outdoor Recreation Center. 552-2023

**Open Bowling**, Sept. 9 from 5 p.m. to 1 a.m. for \$2.75 per game at the Polar Bowl. 552-4108

**Give Parents a Break**, Sept. 9 from 7-11 p.m. at the Child Development Centers. 552-8304

**Super Friday**, Sept. 9 from 5-6 p.m. featuring snacks and specials at The Cave and the Kashim Lounge. 753-3131

\* Arts and Crafts Center classes must be signed up for three days in advance.

**GOLF ON:** Eagleglen Open, one of the premier golfing events in the state, and will be featured through Sunday. This event will include stroke play with both gross and net prizes and an open division for professionals and amateurs vying for the Eagleglen Open Champion's Crown. 552-3821

**MOVIE:** *Charlie and the Chocolate Factory* (PG) Charlie Bucket, a boy from an impoverished family under the shadow of a giant chocolate factory, wins a candy bar contest and is given a tour, along with four other children, of the amazing factory run by the eccentric Willy Wonka and his staff of Oompa-Loompas. 7 p.m.

## :::sat

**CLAY DAYS:** The Pottery Hand-builders Club meets at the Arts and Crafts Center. A \$12.50 fee will be charged and clay and glazes may be purchased at the center. Beginners are welcome. 552-7012

**MOVIE:** *Charlie and the Chocolate Factory* (PG) See movie description above. 7 p.m.

## :::sun

**XTREME FAMILY:** Enjoy Family Xtreme Bowling and get two hours of Xtreme bowling, shoe rental, two pitchers of soda and popcorn for \$30 for up to six people per lane from 1-8 p.m. at the Polar Bowl. 552-4108

**MOVIE:** *Bad News Bears* (PG-13) Morris, a former pro baseball player, is lured back into the game by Liz, an attorney whose class action suit has forced the Little League to accept all players, regardless of their abilities. Morris has his work cut out for him. 7 p.m.

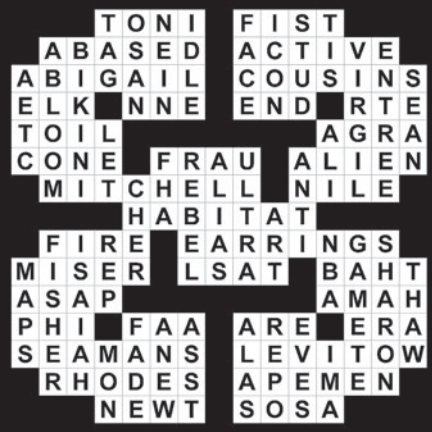
## :::fyi

**NFL TICKET:** Satellite Football will begin Sept. 11 at 8:30 a.m. at the Kashim Club. Be sure to stop by and catch live games or drop by the club Monday nights beginning Sept. 12 for the action of Football Frenzy, which will have opportunities for club members to win tickets to the Super Bowl or Pro Bowl as well as weekly prizes. Both programs are open to all ranks. 753-3131

AF Pioneers of the ‘70s

By Capt. Tony Wickman  
Alaskan Command Public Affairs

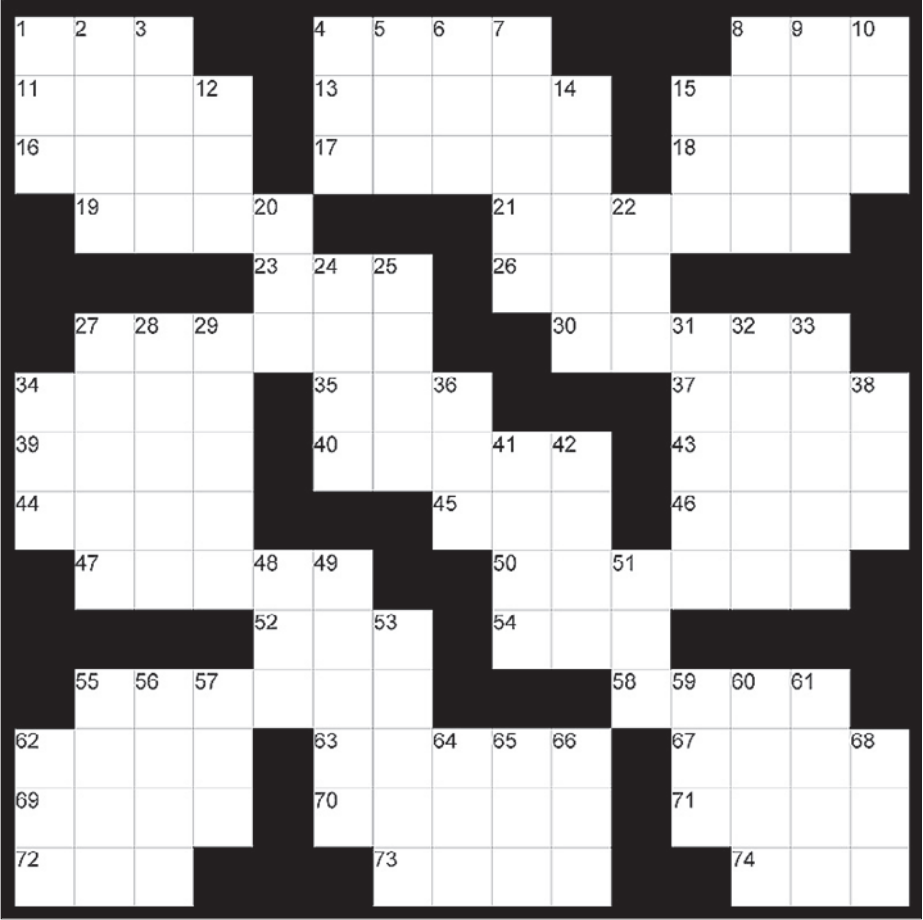
- ACROSS
- 1. Shaq’s org.
  - 4. M\*A\*S\*H actor Alan
  - 8. Sis’ sib
  - 11. Sad
  - 13. Jeans brand
  - 15. Inmate’s house
  - 16. Staff
  - 17. Rustle
  - 18. \_\_\_ upon a time ...
  - 19. Assist
  - 21. Hang out
  - 23. Mining goal
  - 26. Goddess of the dawn
  - 27. Gen. \_\_\_\_ James; first African-American promoted to USAF 4-star
  - 30. Drum
  - 34. Salary
  - 35. Everything
  - 37. River boat
  - 39. Land measurement
  - 40. Armistice
  - 43. 1944 Nobel Prize winner Hahn
  - 44. Tool storage place



Last week’s solutions

- 45. Big \_\_, C.A.; picturesque resort region along the Pacific
- 46. One of the 5 W’s
- 47. Fable writer
- 50. Brig Gen Robinson \_\_\_; senior AF officer held prisoner in Hanoi
- 52. Sick
- 54. Meadow
- 55. Jane Leslie \_\_\_; 1<sup>st</sup> woman commissioned through AFROTC
- 58. Jog
- 62. Various amounts
- 63. South American mountains
- 67. Pirate’s haul
- 69. Cadet \_\_\_ Olsen; first woman admitted to a service academy
- 70. Capt. Sandra \_\_\_; first woman tanker commander to stand alert duty
- 71. Singer Fitzgerald
- 72. DoD TV stations overseas
- 73. Cure
- 74. Flightless bird

- DOWN
- 1. CBS rival
  - 2. Boring
  - 3. Col. Regina \_\_\_; first woman to receive the Cheney Award
  - 4. USAF PME for SSgt (S)
  - 5. Gen. \_\_\_ Allen; Chief of Staff of the Air Force
  - 6. 506, to Cicero
  - 7. Passageway
  - 8. Jolt
  - 9. Cadet Edward A. \_\_\_; 1st African-American Cadet Wing commander
  - 10. Bullring cheer
  - 12. Snakelike fish
  - 14. Fire at
  - 15. CMSgt \_\_\_ Harston; Air Force Cross recipient
  - 20. Hawaiian food made from taro
  - 22. Country protected by DoD



- 24. Collect grain
- 25. Model McPherson
- 27. Fancy home in Russia
- 28. Give consent
- 29. Requires
- 31. Gen. George \_\_\_; CSAF/CJCS
- 32. Woodshop item
- 33. Following before
- 34. Existed
- 36. \_\_\_ Vegas
- 38. 2,000 lbs.
- 41. Hair type
- 42. Pennsylvania town
- 48. Engine need
- 49. Guilty and Not Guilty
- 51. Unhappy
- 53. PM of Ireland (1966–1973/1977–1979) John \_\_\_
- 55. Cow’s foot
- 56. Middle East country
- 57. Actor Cariou
- 59. Pub order
- 60. Foot part
- 61. Jeanne \_\_\_; first woman promoted to Brig. Gen.
- 62. USAF lawyers
- 64. Female deer
- 65 Greek letter
- 66 Missouri airport, in short
- 68 Greek letter

# SPORTS PAGE



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

Staff Sgt. Ron West, 3rd Services Squadron sports director, prepares to tee off Sept. 20 during the Base Championship Golf Tournament at the Eagleglen Golf course.

Sergeant West won this year’s tournament.



PHOTO BY MASTER SGT. TOMMIE BAKER

Kayla Duclos practices her axe kick Monday at the Arctic Oasis Community Center. Kayla, who turned 10 years old Monday, was presented her Black Belt that evening as well. She had earned her Black Belt previously, but according to rules at Jay’s Southside Tae Kwon Do and Hapkido, she had to wait until she was at least 10 years old to have it presented.

Jamal Tennant holds the kick pads as she practices.

The Tae Kwon Do classes are provided by Jay’s Southside Tae Kwon Do and Hapkido.

## Fitness information contacts

For more information on fitness or sports programs for children, contact 3rd Services Squadron at any of the following, Youth Programs, 552-2266, Teen Center, 552-8529 or the Community Activity Center, 552-2674.

For information on Fitness Center activities, call 552-3504, the Polar Bowl Bowling Center, 552-4108, or the Eagleglen Golf Course, 552-3821.

Another area to receive fitness and nutrition information is the Health and Wellness Center, 552-2361.

# Elmendorf Intramural Football Standings

The standings below are as of the end of the regular season of play for the league, courtesy of 3rd Services Squadron.

Playoff games began Wednesday and will continue through Sept. 19.  
Games are played at the football field on the northeast side of the Fitness Center.  
Playoff games are scheduled to be played

Tuesday at 5 p.m. and 6 p.m.  
Playoff games will resume after the Polar Force exercise, scheduled Wednesday to Sept. 14.  
The Sept. 15 playoff games are scheduled for 5 p.m., 6 p.m. and 7 p.m.  
The Sept. 16 playoff games are scheduled for 5 p.m. and 6:15 p.m.  
The Semi-final playoff game is scheduled for Sept. 19 at 5 p.m.

The championship game is scheduled for Sept. 19 at 6:15 p.m.  
A bracket chart is available at the Fitness Center to show the playoff standings of the teams.  
For more information, contact your unit sports representative or Staff Sgt. Ron West, 3rd Services Squadron sports director, at 552-0613.

## Monday/Wednesday Conference

Team	Won	Loss
3rd Communications Squadron	7	0
3rd Logistics Readiness Squadron	6	1
3rd Civil Engineer Squadron, Team 1	4	3
3rd Civil Engineer Squadron, Team 2	4	3
732nd Air Mobility Squadron	3	4
19th Aircraft Maintenance Unit	2	5
3rd Operations Support Squadron	2	5

## Tuesday/Thursday Conference

Team	Won	Loss
381st Intelligence Squadron	6	1
90th Aircraft Maintenance Unit	6	1
3rd Equipment Maintenance Squadron	6	1
3rd Comptroller Squadron	4	3
3rd Medical Group	3	4
3rd Contracting Squadron	2	5